



TOURIST ITINERARY

JANUARY 30TH TO FEBRUARY 11TH 2019

DAY 1 WEDNESDAY JANUARY 30TH WELCOME TO ACCRA, GHANA

Arrive at Kotoka International Airport in Accra, Ghana at 8:40AM. Transfer to the Auruba Guest House. 1pm Brief orientation and dinner. Overnight stay at Auruba Guest House.

DAY 2 THURSDAY JANUARY 31ST ACCRA CITY TOUR

Wake up call, morning exercise and breakfast. 8AM leave hotel for Accra City tour including the WEB Dubois Center, George Padmore Library, Independence Square, Kwame Nkrumah Memorial Park and the Culture Center. 6PM Dinner Social gathering..... Overnight at Auruba Guest House.

DAY 3 FRIDAY FEBRUARY 1ST KUMASI ASANTE REGION

Wake up call, morning exercise and breakfast. 7AM Check out of the Auruba Hotel and Depart for Kumasi. Check into Noda hotel. Dinner 6pm. Overnight at Noda hotel

DAY 4 SATURDAY FEBRUARY 2ND KUMASI TOUR

Wake up call 7AM morning exercise and breakfast. 8AM Leave hotel for Kumasi City Tour and Neighboring Craft Villages including Ntonso for Kente Weaving and Adinkra, Printing, Wood Carving village and Bonwire the famous Kente cloth weaving village. More shopping at the Culture Center. Drive through the Kwame Nkrumah University of Science & Technology. 6PM Dinner and social gathering with group. Overnight at the Noda Hotel.

DAY 5 SUNDAY FEBRUARY 3RD ASSIN MANSO/ ELMINA/ CAPE COAST

Wake up call, morning exercise and breakfast. 7AM Check out of the Noda hotel. Depart for Assin Manso Old slave fort. Drive through the Cape Coast University. 6PM Welcome Dinner celebration of our visit at One Africa. Overnight at the One Africa Resort. www.oneafricaghana.com

DAY 6 MONDAY FEBRUARY 4TH CAPE COAST/CASTLE DUNGEONS

Wake up call, morning exercise and breakfast. 9AM depart for the Cape Coast then Elmina Holocaust Dungeons where many of our ancestors were held prior to shipment across the Atlantic during the slave trade after going through the Door of no return.

Naming ceremony on One Africa beach front. 6PM Dinner and various night life options. Overnight at One Africa Resort. www.oneafricaghana.com

DAY 7 TUESDAY FEBRUARY 5TH VOLTA REGION

Wake up call, morning exercise and breakfast. 7AM Check out of One Africa Resort and depart for a trip to the Volta Liati Wati. 6PM Dinner with local historian and various night activities. Overnight at Guest house in Liati Wati.

DAY 8 WEDNESDAY FEBRUARY 6TH VOLTA TAGBO WATERFALLS AND AFADJATO MOUNTAINS

Wake up call, morning exercise and breakfast. 8AM Hike to the waterfalls. Spend time reflecting with the natural music of the waterfalls and surrounding nature. Eat lunch at waterfalls. Return by 4PM. Relax the rest of the day. 6PM Dinner and discussion on the way forward for the Global African family.

DAY 9 THURSDAY FEBRUARY 7TH AKUAPEM MOUNTAINS

Wake up call, morning exercise and breakfast. 7AM Check out of Liati Guest house and depart for a trip back to Aburi. Check in Aruba Guesthouse and Relax till dinner

6PM Dinner

DAY 10 FRIDAY FEBRUARY 8TH OPENING CEREMONIES DINNER EAST LEGON

Wake up call, morning exercise and breakfast.

3PM Depart Aruba Guest House to NUBUKE Foundation near Mensvic Hotel in East Legon Accra

Opening Ceremonies Dinner w Vegan All Star Buffet **6pm to 8pm**

Return to Aruba Guest House 8:30pm. Sleep overnight.

DAY 11 SATURDAY FEBRUARY 9TH

Wake up call, morning exercise and breakfast. Depart Aruba Guest at 8am to attend

The AFRICAN CULTURE AND WELLNESS FESTIVAL AND CONCERT

9am to 12 midnight (see schedule for workshops, expo and concert at www.acawf.com)

DAY 12 SUNDAY FEBRUARY 10TH ABURI AKUAPEM MOUNTAINS

FREE DAY Morning Breakfast 7am DINNER AT 6PM

DAY 13 MONDAY FEBRUARY 11TH DEPART ACCRA TO WASHINGTON D.C.

Free day. Check out of your room by 12PM and move all bags to the designated area. Dinner at 4PM with a 5PM Check out of the Aruba Guest House to leave for Accra Airport.

(Note this itinerary may change slightly for logistic and operational efficiency)

Hotels that we are staying at in Ghana

The Noda hotel in Kumasi www.nodahotel.com

One Africa Resort in Elmina www.oneafricaghana.com

Aruba Guest House +233 240 144 797

Ghana Embassy

www.ghana-embassy.org

Maps of Ghana

www.library.yale.edu/~fboateng/ghana2.gif

www.tanguydlv.free.fr/Pays/Carte-Ghana.gif

Map of Africa

www.library.northwestern.edu/africana/map/

For questions and additional info contact Tour Organizer:

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